Goal of the National Diabetes Prevention Program

Systematically scale the translated model of the DPP for high risk persons in collaboration with community-based organizations that have necessary infrastructure, health payers, health care professionals, public health and others to reduce the incidence of type 2 diabetes in the U.S.
The health of individuals is inseparable from the health of communities
(Healthy People 2010)

Community and policy
System, group, culture
Family, friends, small group
Individual

Ecological Model
Brief History of Diabetes Prevention

“The physician should take pride in the prevention of diabetes in his practice... The physician should consider it as important to prevent his patients acquiring diabetes as he feels it incumbent on himself to vaccinate them against small pox or typhoid fever, or to protect them from exposure to tuberculosis.”

Joslin EP. The prevention of diabetes mellitus. JAMA. 1921;76:79–84.

Insulin was discovered in 1921.
Prevention of Type 2 Diabetes
The Community – Clinic Partnership Model

Community
- Insurers
- Employers
- Informed Population
- Strong Community Organizations
- Healthy Public Policy
- Supportive Environments

Clinic
- Proactive Practice Team
- Decision Support
- Information Systems
- Informed, Activated Patients

Partnership Zone
- Reimbursement
- Structured Lifestyle Programs
- Screening for High Risk
- Diagnosis of Prediabetes
- Regular Glucose Monitoring

Total Population
- Pre-diabetes
- Diabetes
- Complications

DIVISION OF DIABETES TRANSLATION • WWW.CDC.GOV/DIABETES
SCALING THE NATIONAL DIABETES PREVENTION PROGRAM
National Organization

A. Scale and Sustain the National DPP
B. Engage Employers in Offering Program as Covered Health Benefit
C. Secure Voluntary Reimbursement from Insurers for Program
D. Marketing & Communications
E. DPRP
F. Monitoring and Evaluation

Network / Affiliate Organization(s)

A. Deliver the lifestyle change program
B. Recruit staff who will attend training to become a lifestyle coach
C. Apply for CDC DPRP Recognition
D. Comply with CDC DPRP Standards & Operating Procedures
E. Reporting data collection to DPRP every 6 months
CDC’s National System for Recognizing Diabetes Prevention Programs

CDC’s Diabetes Prevention Recognition Program

- Provides patients, health care providers, and health payers trustworthy information on the availability of high quality diabetes prevention programs in their community.

- Facilitates health payer funding to support the long-term sustainability of diabetes prevention programs in the U.S. population.

- Required Program Standards
- Required Program Outcomes
  - Annual Assessment for Re-recognition
  - National Registry of Recognized Programs
CMMI YMCA
CDC Recognized
YMCA
Data as of Jan. 31, 2013
Thank you.

For more information about the National Diabetes Prevention Program, please visit the CDC’s Web site at

www.cdc.gov/diabetes/prevention/

For more information please contact Centers for Disease Control and Prevention

1600 Clifton Road NE, Atlanta, GA 30333
Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348
E-mail: cdcinfo@cdc.gov Web: http://www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.