

DTTACTM *Virtual Lifestyle Coach Training*

Preventing Diabetes. Saving Lives.

DTTACTM Virtual Lifestyle Coach Training is a high quality, smart investment in diabetes prevention. The DTTAC Difference includes:

- Innovative and engaging virtual learning experience that ensures competency and readiness to be a successful Lifestyle Coach
- Interactive virtual training designed around adult learning and health education principles
- Easy to understand guided coursework with individual touch points and feedback from experts
- Four consecutive weeks of independent coursework combined with three virtual instructor-led prevention to practice sessions
- 12-14 hours of training that meets CDC training standards

What It Isn't

- ❌ **Teaching by instructors with no experience delivering the DPP**
- ❌ **A simple exchange of the in-person training to an online platform**
- ❌ **Lower quality and less intensity than in-person training**

What It Is

- ✅ **A series of learning activities delivered by experienced DPP Master Trainers**
- ✅ **An instructionally sound interactive design based on the science of how adults learn**
- ✅ **Flexible learning schedule balanced with rigor for quality assurance**

>>Learn more & register:
tacenters.emory.edu<<

SESSION 1

Mar 5 –
Mar 30

SESSION 2

June 4 –
June 29

SESSION 3

Aug 6 –
Aug 31

SESSION 4

Oct 22 –
Nov 16