

## Master Trainer *Select* Program

### DTTAC Master Trainer *Select* Application Questions

**What is your organization's recognition status through the CDC Diabetes Prevention Recognition Program (DPRP)?**

- My organization has full recognition
- My organization has pending recognition
- My organization does not have recognition (full or pending)
- I do not know my organization's recognition status

**Were you formally trained as Lifestyle Coach?**

- Yes
- No

**In what year did you attend Lifestyle Coach Training?**

- 2011
- 2012
- 2013
- 2014
- 2015
- I do not remember

**In what CITY and STATE did the Lifestyle Coach training take place?**

**Which of the following CDC-designated providers delivered your training session? *(Please select one)***

- American Association of Diabetes Educators (AADE), Diabetes Prevention Program (DPP)
- Black Women's Health Imperative
- Center for Excellence in Aging & Community Wellness, Quality and Technical Assistance Center (QTAC)
- Diabetes Training and Technical Assistance Center (DTTAC), The Emory Centers for Training and Technical Assistance at Emory University
- Magnolia Medical Foundation
- State of Wellness
- University of Pittsburgh Diabetes Prevention Support Center (DPSC), Department of Epidemiology at the Graduate School of Public Health
- Viridian / Solera
- None of them above *(Please name the Organization and the Master Trainer with whom you trained).*

## Master Trainer *Select* Program

**In what formats have you delivered the National DPP Lifestyle Change program? Check all that apply.**

*\*Please note: DTTAC Master Trainer Select training prepares trainers to deliver Lifestyle Coach training within their organization for in-person delivery of the program only.*

- Small group, in-person (meetings with up to 20 participants)
- Large group, in-person (meetings with at least 21 participants)
- Virtual delivery (e.g. online meetings or teleconferences)

**How many in-person groups of participants have you personally led and completed (full year) as a Lifestyle Coach since your Lifestyle Coach Training?**

- 1
- 2 to 3
- 4 to 6
- More than 6
- I am currently leading my first group and have not yet completed the full year, but will have completed the full year by the application deadline.
- I am currently leading my first group and have not yet completed the full year, and will not complete the full year by the application deadline.
- I have not led any in-person groups of participants yet.

**What was one of the biggest challenges you faced when you began leading the lifestyle change program as a Lifestyle Coach? How did you overcome it, and what did you learn from it?**

*Please answer in about 7 to 10 sentences.*

### **Your Role as a Master Trainer *Select***

**Please explain why you want to become a Master Trainer *Select*.**

*Please answer in about 1 to 3 sentences.*

**Please name one skill you think is essential to being a Master Trainer *Select*, and describe an example of how you have applied this competency as a facilitator/trainer. *Please answer in about 7 to 10 sentences.***

## Master Trainer *Select* Program

**How do you imagine the role of a Master Trainer *Select* varies from that of a Lifestyle Coach?**

*Please answer in about 3 to 5 sentences.*

**Please describe who you plan to train as Lifestyle Coaches (e.g. other staff, volunteers, representatives of your affiliates, partners, or grantee organizations) if you become a Master Trainer *Select* for your organization. Please explain in as much detail as possible, and answer in about 3 to 5 sentences.**

*\*Please note that a Master Trainer *Select* should only provide Lifestyle Coach Training for the National Diabetes Prevention Program within their organization or network for in-person delivery of the lifestyle change program.*

**Approximately how many Lifestyle Coach trainings would you plan to conduct in your first year if you are selected as a Master Trainer *Select*?**

- 1 training
- 2 to 4
- 5 or more trainings
- Don't know

**Please describe any other experience as a facilitator/trainer that could be relevant to a Master Trainer *Select* position. Please answer in about 3 to 5 sentences.**