DTTAC Master Trainer Select Application Questions

What is your organization’s recognition status through the CDC Diabetes Prevention Recognition Program (DPRP)?

- My organization has full recognition
- My organization has pending recognition
- My organization does not have recognition (full or pending)
- I do not know my organization’s recognition status

Were you formally trained as Lifestyle Coach?

- Yes
- No

In what year did you attend Lifestyle Coach Training?

- 2011
- 2012
- 2013
- 2014
- 2015
- I do not remember

In what CITY and STATE did the Lifestyle Coach training take place?

Which of the following CDC-designated providers delivered your training session? (Please select one)

- American Association of Diabetes Educators (AADE), Diabetes Prevention Program (DPP)
- Black Women’s Health Imperative
- Center for Excellence in Aging & Community Wellness, Quality and Technical Assistance Center (QTAC)
- Diabetes Training and Technical Assistance Center (DTTAC), The Emory Centers for Training and Technical Assistance at Emory University
- Magnolia Medical Foundation
- State of Wellness
- University of Pittsburgh Diabetes Prevention Support Center (DPSC), Department of Epidemiology at the Graduate School of Public Health
- Viridian / Solera
- None of them above (Please name the Organization and the Master Trainer with whom you trained).
In what formats have you delivered the National DPP Lifestyle Change program? Check all that apply.

*Please note: DTTAC Master Trainer Select training prepares trainers to deliver Lifestyle Coach training within their organization for in-person delivery of the program only.

- Small group, in-person (meetings with up to 20 participants)
- Large group, in-person (meetings with at least 21 participants)
- Virtual delivery (e.g. online meetings or teleconferences)

How many in-person groups of participants have you personally led and completed (full year) as a Lifestyle Coach since your Lifestyle Coach Training?

- 1
- 2 to 3
- 4 to 6
- More than 6
- I am currently leading my first group and have not yet completed the full year, but will have completed the full year by the application deadline.
- I am currently leading my first group and have not yet completed the full year, and will not complete the full year by the application deadline.
- I have not led any in-person groups of participants yet.

What was one of the biggest challenges you faced when you began leading the lifestyle change program as a Lifestyle Coach? How did you overcome it, and what did you learn from it?

Please answer in about 7 to 10 sentences.

Your Role as a Master Trainer Select

Please explain why you want to become a Master Trainer Select.

Please answer in about 1 to 3 sentences.

Please name one skill you think is essential to being a Master Trainer Select, and describe an example of how you have applied this competency as a facilitator/trainer. Please answer in about 7 to 10 sentences.
How do you imagine the role of a Master Trainer Select varies from that of a Lifestyle Coach? Please answer in about 3 to 5 sentences.

Please describe who you plan to train as Lifestyle Coaches (e.g., other staff, volunteers, representatives of your affiliates, partners, or grantee organizations) if you become a Master Trainer Select for your organization. Please explain in as much detail as possible, and answer in about 3 to 5 sentences.

*Please note that a Master Trainer Select should only provide Lifestyle Coach Training for the National Diabetes Prevention Program within their organization or network for in-person delivery of the lifestyle change program.

Approximately how many Lifestyle Coach trainings would you plan to conduct in your first year if you are selected as a Master Trainer Select?

- 1 training
- 2 to 4
- 5 or more trainings
- Don't know

Please describe any other experience as a facilitator/trainer that could be relevant to a Master Trainer Select position. Please answer in about 3 to 5 sentences.